TRAINING SOLUTIONS PERSONALIZED FOR

TRX

YOUR MEMBERS. CLIENTS. TRAINERS. BUSINESS.

TRAINING ZONE

=ZLL

TRX STUDIO LINE

MAKE YOUR BODY YOUR MACHINE

NAKE YOUR BODY YOUR MACHE

Create a functional training zone in your facility with our TRX Studio Line. These highly customizable suspension anchoring and storage systems maximize space efficiency and exercise functionality, while emphasizing design and aesthetics. TRX Studio Line will suit the needs of each unique member, space, and activity.

TRX

TRX

TRX

TRX

Maximize space, storage, and training capabilities. The TRX Studio Line begins with a single bay and grows with infinite customization options.

BAYS (DOUBLE)



CORNER UNIT



BRIDGE



T-UNIT



TRX FUNCTIONAL TRAINING TOOLS

Complete the 360-degree TRX Functional Training experience in your facility with our line of Functional Training Tools. Each product meets the highest quality standards and is crafted to withstand highvolume use in a commercial environment.

TRX



TRX MEDICINE BALLS 10 INCH : 4, 6, 8, 10 and 12 lbs. TRX WALL BALLS 14 INCH : 4, 6, 8, 10, 12, 14, 16, 18 and 20 lbs.



TRX RESISTANCE BANDS X-LIGHT / LIGHT / MEDIUM / HEAVY



TRX CONDITIONING ROPE 1.5 in. x 30 ft. / 1.5 in. x 50 ft.

*Most TRX Functional Training Tools are covered under commercial warranty.



TRX SLAM BALLS 4, 6, 8, 10, 15, 20, 25, 30, 40 and 50 lbs.



TRX STABILITY BALLS 55 cm / 65 cm



TRX STRENGTH BANDS

XX-LIGHT .5 in. wide, X-LIGHT .8 in. wide, LIGHT 1.15 in. wide, MEDIUM 1.75 in. wide, HEAVY 2.5 in, wide



TRX KETTLEBELLS 4, 6, 8, 12, 16, 20, 24, 28, 32, 36 and 40 kgs.



TRX PLYO BOXES 6, 12, 18 and 24 in.



TRX FOAM ROLLERS 18 in. / 36 in.





TRX MAT 2 ft. x 4 ft. x .5 in.



TRX POWER BAGS 10lbs. - 60 lbs.

TRX COMMERCIAL SUSPENSION TRAINER

Based on 13 years of feedback and testing, we created our best Commercial Suspension Trainer to date. Designed to meet the demands of a high volume, multi-user commercial environment, the new TRX[®] Suspension Trainer™ combines innovative features and a fresh look to be our most durable and user-friendly product yet.

FEATURES





ADJUSTABLE FOOT CRADLES Custom fits any foot size to prevent slippage. Plush padding for comfort.

Smooth, padded webbing enhances comfort.

PADDED TRIANGLES





ANTIMICROBIAL RUBBER HANDLES Microban[®] technology

LOCKING CARABINER Keep your investment safe and secure.

prevents the spread of bacteria & anti-slip texture increases grip.





TRX TRADE-IN & TRADE-UP PROGRAM

Get 35% off of the latest TRX Commercial Suspension Trainers™ when you trade in your existing Suspension Trainers.

DO YOUR STRAPS NEED REPLACING?

Depending on level of use and wear, we recommend replacing your Suspension Trainers every 12-24 months. If you notice any sort of deterioration (see below) and/or fraying of the handles, it's time to take advantage of the TRX Trade-In & Trade-Up Program.

EQUALIZER LOOP LIFE CYCLE



ut-of-the-box Suspension Trainer







Red nylon exposed, **replacement im**

STRAP LIFE CYCLE



HT WFAR igns of wear but no need to replac



tensive fraying, replacement imperativ

TRX DUO TRAINER

The TRX[®] Duo Trainer[™] marks an evolution in circuit training. Modeled after classic Gymnastics Rings, the Duo Trainer features enhanced ergonomic design, adjustability, and a full-body integrative system. Created in partnership with best-selling author and founder of MobilityWOD, Dr. Kelly Starrett, the TRX Duo Trainer enables athletes of all levels to tap into greater levels of strength, mobility, endurance, and flexibility.

FEATURES

THE BENEFITS OF GYMNASTICS RINGS

RINGS, THE ACCESSIBILITY OF TRX



SAFETY & CONVENIENCE Infinity Anchors & Loops



MACRO + MICRO ADJUSTABILITY Infinity Loop & Mobile Grip Adjustment





INJURY PREVENTION Straight handles & proper alignment



TRAINING OPTIONS Foot Cradles



CIRCUIT TRAINING A whole new experience

TRAINING VERSATILITY Mobile Grips





The TRX Duo Trainer was created in partnership with New York Times best-selling author, coach and founder of MobilityWOD, Kelly Starrett, DPT. Starrett teaches coaches and athletes worldwide how to use strength and conditioning movements to predict and resolve inefficiencies that lead to decreased performance and injury.

TRX RIP TRAINER

The TRX[®] Rip Trainer[™] is the perfect tool for blasting calories, increasing cardiovascular endurance and developing rotational core strength that mirrors the way you move in sports and in life.

FEATURES

The TRX[®] Rip Trainer[™] can be attached to any secure anchor point for a challenging full-body workout. The innovative system is designed to create a variable, unbalanced load that enables the development of core strength, explosive power, flexibility and cardio endurance.



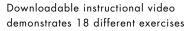
Medium resistance cord with protective nylon safety sleeve and industrial-strength carabiner rated for maximum durability.





42 inch-long bar (1.1 m) with commercialgrade rubber handles that disassemble into two pieces for easy portability.





Safety strap



FOR MORE INFORMATION, CONTACT US: SALES@TRXTRAINING.COM | (888) 878-5348, OPTION 3 TRXTRAINING.COM

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