

PRO ACTIVE

2018

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PA_230518

THE PROACTIVE RANGE.

SOMETIMES A GYM SIMPLY NEEDS NO-FRILLS EQUIPMENT THAT IS TOUGH AND EFFECTIVE. THAT'S WHAT PROACTIVE IS ALL ABOUT: A NEW RANGE OF TRAINING TOOLS FOR STRENGTH AND FUNCTIONAL TRAINING, BROUGHT TO YOU BY A NAME RECOGNISED IN THE UK FITNESS MARKET FOR MORE THAN 20 YEARS. AS WELL AS FEATURES FOR GREAT USABILITY, THIS RANGE STANDS OUT WITH CLEAN, CLASSIC DESIGN. THERE ARE ALSO RACKS TO KEEP EVERYTHING STORED AWAY NEATLY.

GET DOWN TO THE FUNDAMENTALS WITH PROACTIVE.

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URETHANE DUMBBELLS.

- Solid steel head, pressed and welded to a chrome-plated handle.
- Durable, non-marking and low-odour urethane coating.
- Contrasting weight indicators permanently moulded into the heads.
- 2.5kg increments.



WEIGHT: 2.5KG – 50KG (2.5KG INCREMENTS).
MATERIALS: SOLID STEEL CORE WITH URETHANE COATING.
PART CODE: PAP025 – PAP500.

For rack information see page 16 and 17.

RUBBER DUMBBELLS.

- Solid steel head, pressed and welded to a chrome handle.
- Rubber coating.
- Weight indicators permanently moulded into the heads.
- 2.5kg increments.



WEIGHT (METRIC): 2.5KG – 50KG (2.5KG INCREMENTS).
WEIGHT (IMPERIAL): 2.5LBS – 100LBS (2.5LBS INCREMENTS TO 15LBS THEN 5LB INCREMENTS 15LBS TO 100LBS).
MATERIALS: SOLID STEEL CORE WITH RUBBER COATING.
PART CODE: PAR025 – PAR500.

For rack information see page 16 and 17.



PU BUMPER PLATES.

- Polyurethane coating.
- Steel core.
- Embossed weight indication.
- High tolerance of +/- 2%.



WEIGHT: 5/10/15/20/25KG.
MATERIALS: STEEL CORE, PU COATED.
PART CODE: PABP050 – PABP250.

For rack information see page 16 and 17.

RUBBER BUMPER PLATES.

- Solid rubber.
- Pressed steel inserts.
- Moulded weight indicators show pounds and kilograms.



WEIGHT: 5/10/15/20KG.
MATERIALS: SOLID RUBBER.
PART CODE: PABR050 – PABR200.

For rack information see page 16 and 17.

OLYMPIC GRIP PLATES.

- Rubber coated.
- Easy grip handles.
- Pressed steel inserts.
- Moulded weight indicators show pounds and kilograms.



WEIGHT: 1.25/2.5/5/10/15/20/25KG.
MATERIALS: STEEL CORE WITH RUBBER COATING.
PART CODE: PADR012 – PADR250.



CAST IRON KETTLEBELLS.

- Extra-tough powder-coated finish.
- Colour-coded bands and engraved weight indicators.
- Smooth handles.
- Flat base.



WEIGHT: 8/12/16/20/24/28/32KG
MATERIALS: CAST IRON WITH POWDER COATING.
PART CODE: PAKC08 – PAKC32.

For rack information see page 16 and 17.

SOFT PLYO BOXES.

- Can be used individually or stacked for different height options.
- Velcro tabs for safety when stacking.
- High-density foam filling with PVC covering.
- Lightweight so easy to move around the gym.



SIZE: 30CM/45CM/60CM.
MATERIALS: REBONDED FOAM AND PVC.
PART CODE: PAPSB30/PAPSB45/PAPSB60.

MEDICINE BALLS.

- Textured rubber.
- Designed to bounce.
- Weight indicators show pounds and kilograms.



WEIGHT: 1/2/3/4/5KG.
MATERIALS: RUBBER.
PART CODE: PAM01 – PAM05.

For rack information see page 16 and 17.

DOUBLE GRIP MEDICINE BALLS.

- Textured rubber with ergonomic handles.
- Designed to bounce.
- Weight indicators show pounds and kilograms.



WEIGHT: 6/7/8/9/10KG.
MATERIALS: RUBBER.
PART CODE: PADG06 – PADG10.

For rack information see page 16 and 17.

VINYL DIPPED HANDWEIGHTS.

- Vinyl dipped cast iron.
- Anti-roll design.
- Comfort grip handle.



WEIGHT: 1/2/3/4/5KG.
MATERIALS: CAST IRON WITH VINYL COATING.
PART CODE: PAVD01 – PAVD05.

For rack information see page 16 and 17.



PAMHR02-11 rack shown

ECO REP SET.

- Recycled steel with a urethane coating.
- Easy grip handles.
- Includes 2 x 1.25kg, 2 x 2.5kg and 2 x 5kg plates, 1 x bar and 2 x clamp collars.



WEIGHT: 1.25/2.5/5KG PLATES
MATERIALS: URETHANE COATED RECYCLED STEEL.
PART CODE: ECOSET.

For rack information see page 16 and 17.



RACKS.

- Low carbon steel tube, forged and welded.
- Plastic end caps and rubber feet included.
- Bolt together for easy self-assembly.



DUMBBELL RACK AND CUPS.
HOLDS: 10 OR 12 PAIRS OF
2.5-25KG DUMBBELLS.
SIZE: H900MM, D570MM, W2400MM
WEIGHT: 69KG.
10 PAIR PART CODE: PADBR10.
12 PAIR PART CODE: PADBR12.



TOAST RACK.
HOLDS: PROACTIVE BUMPER PLATES 2X
5KG, 10KG, 15KG, 20KG & 25KG.
SIZE: H266MM, D1435MM, W340MM
WEIGHT: 16KG.
10 PAIR PART CODE: PATR001.



KETTLEBELL RACK.
HOLDS: 10 KETTLEBELLS.
SIZE: H850MM, D520MM, W1200MM
WEIGHT: 36KG.
PART CODE: PAKBR10.



5 BALL RACK.
HOLDS: 5 MEDICINE
BALLS OR 5 DOUBLE GRIP
MEDICINE BALLS.
SIZE: H1570MM, D620MM,
W700MM.
WEIGHT: 18.5KG.
PART CODE: PAMB05.



10 BALL RACK.
HOLDS: 10 MEDICINE
BALLS OR 10 DOUBLE GRIP
MEDICINE BALLS.
SIZE: H1570MM, D640MM,
W740MM.
WEIGHT: 31KG.
PART CODE: PAMBR10.



**HANDWEIGHT RACK,
7 OR 11 CHANNELS.**
HOLDS: EACH CHANNEL CAN
HOLD 28 X 1KG, 24 X 2KG,
20 X 3KG, 16 X 4KG OR 16 X
5KG HANDWEIGHTS.
SIZE-7: H1100MM, D680MM,
W740MM. **SIZE-11:** H1210MM,
D550MM, W1000MM.
WEIGHT: 25.5KG, 29KG.
PART CODE: PAMHR01-7.
PART CODE: PAMHR02-11.



ECO REP SET RACK.
HOLDS: UP TO 10 SETS: 60
DISCS, 10 BARS AND 20
CLAMP COLLARS.
SIZE: H1570MM, D660MM,
W750MM.
WEIGHT: 33KG.
PART CODE: PARS01.

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