**COMMERCIAL FITNESS** 



**2020 EDITION** 



### THE SPIRIT OF INNOVATION

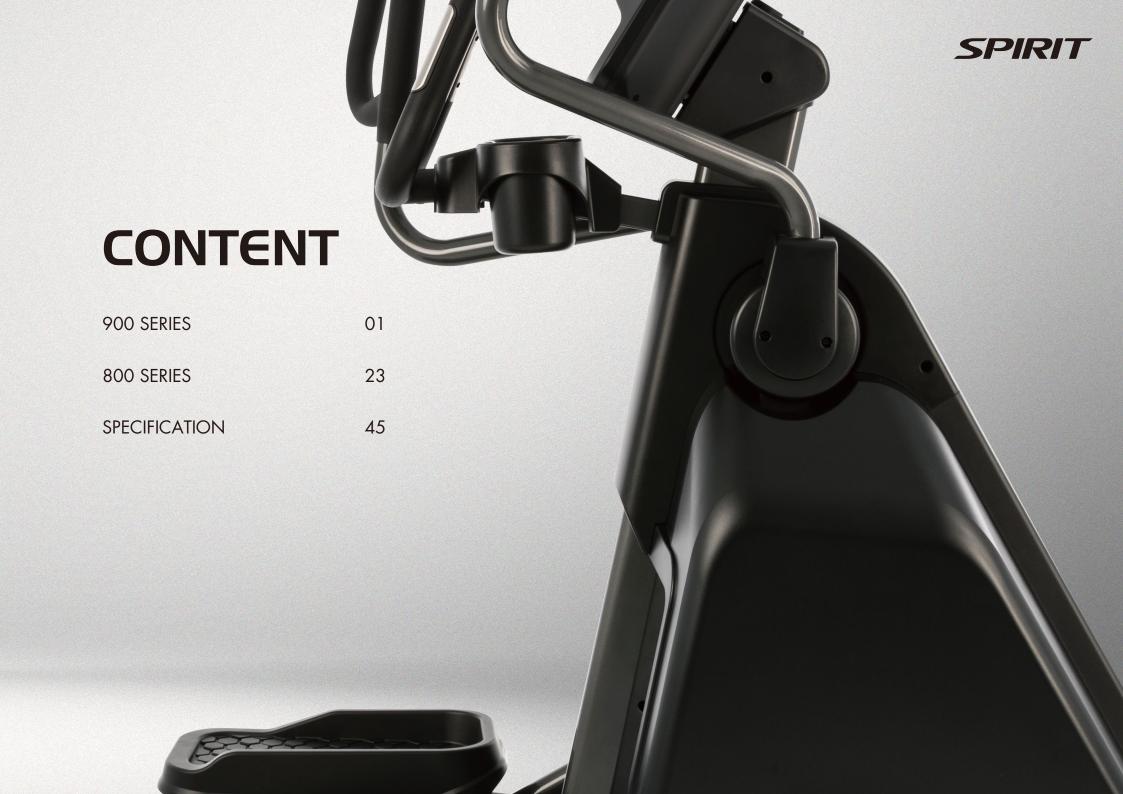
We built our first fitness product in 1983, with the simple goal of giving our customers the highest quality equipment to help them achieve their fitness goals. It is that same simple purpose which continues today in designing and developing every piece of

equipment that bears the Spirit Fitness name. We make sure that each new equipment design meets the same demanding standards that have crafted the Spirit Fitness brand.

Over the last thirty years, our focus has always been - and will continue to be -delivering a quality experience with our equipment. We understand that our products are an investment and we design them to keep pace with your own long term fitness goals. All of our products are produced in our ISO-certified factories for consistent quality.

Spirit aims to improve the quality of life for everyone. We aspire to boost your lifestyle to the next level by "Moving Your Spirit". We place customer experience and product innovation at the center of our brand, helping you accomplish your fitness goals through unprecedented product details and features tailored specifically for you.





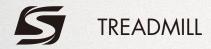
### SPIRIT 900 SERIES

## Setting new standards in COMMERCIAL FITNESS

Introducing the SPIRIT 900 Series - our flagship fitness line featuring the very best in design, engeneering and quality offering excellent performance and reliability in any commercial environment. The 900 series is packed with the very latest industry-led features and are available with our Ultra-Bright LED console or new TFT Touch Screens.

**#MOVE YOUR SPIRIT** 







Robust construction and commercial-grade components make the CT900 the gold standard for treadmills. Specifications for the shocks, rollers, belt and deck were meticulously chosen to give users a smooth workout experience. Powder-coated steel and powerful motor allow owners to rest assured they have products that will stand the test of time. Optional TV Bracket

Available, Built in Power Port for TV Remote



Our 900 series console was designed to be easy to use with intuitive program operation. The automobile industry "Ultra-Bright" blue LED displays with backlighting elements make the console easy to read. The program key along with numeric key-pad make for entering data easy, so your client can quickly start their workout.

It features the most effective workout, HIIT (High Intensity Interval Training) program along with 18 other options from Fatburn to Cardio. We also incorporate all of the military and other fitness test protocols. In addition to cooling fan, lap display & heart rate sensors.

### **✓** PULSE GRIPS

Ergonomically friendly hand grips for pulse tracking.

### **✓** CUSHIONING

Polyurethane shock absorbers ensure just the right amount of cushioning.

#### **✓ POWERFUL MOTOR**

Industrial, 5.0 horsepower AC drive system provides power and longevity.

### **✓** OVERSIZED SURFACE

Roomy  $22" \times 62"$  workout surface offers clients plenty of room or a comfortable workout.

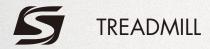
### **<b> ✓ DURABLE DECK**

Double-sided .5mm phenolic coated deck, 3.0" rollers and multi-ply Habasit® belt combine to provide a low maintenance system for thousands of miles.

### CONSOLE

Premium, ultra-bright blue LED display with built in fan, integrated reading rack with C-Safe port and power port for TV remote.





### CT900ENT

The CT900ENT Treadmill combines the workhorse quality and construction of the CT900, with the beauty and innovation of an entertainment display for TV, web browsing and music streaming. Featuring a 15.6" touchscreen display, this console features intuitive function and design to make it quick and easy to get on and go. Robust construction and premium-grade components give users a smooth workout experience, whilst giving owners the peace-of-mind to know their equipment will live up to the rigors of consistent use.

SPIRIT



The CT900ENT features a modern 15.6" touch screen display and electronics package allows your clients to watch TV, browse the web, and stream their favorite music. Present programs include a wide variety of popular workouts for the average user while fitness tests, heart rate programs and costum program are available for more serious users. The fitness test programs include: the Gerkin and WFI Protocol Fitness Tests, and 6 readiness Test Programs (Army, Navy, Air Force, Marines, Coast Guard, PEB).

User comfort was considered with the addition of the large adjustable grill cooling fan, five convenient accessory trays and ergonomically positioned Heart Rate Grips.

### **■** BELT

Oversize pulleys and 12 groove poly-v belt with tensioning idler reduce stress on the system for added reliability.

### CUSHIONING

Polyurethane shock absorbers ensure just the right amount of cushioning.

#### **✓** POWERFUL MOTOR

Industrial, 5.0 horsepower AC drive system provides power and longevity.

### **✓** OVERSIZED SURFACE

Roomy  $22" \times 62"$  workout surface offers clients plenty of room for a comfortable workout.

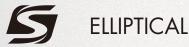
### **✓** DURABLE DECK

Double-sided .5mm phenolic coated deck, 3.0" rollers and multi-ply Habasit® belt combine to provide a low maintenance system for thousands of miles.

### **/** CONSOLE

15.6" touchscreen display with intuitive function and design to make it quick and easy to get on and go.









Our 900 series console was designed to be easy to use with intuitive program operation. The automobile industry's "Ultra-Bright" blue LED display with backlighting elements make the console easy to read. The program keys along with numeric keypad make entering data easy, so your clients can quickly start their workout routine.

It features the most effective workout, HIIT (High Intense Interval Training) program along with 9 other options from fatburn to Watts. In addition to a cooling fan, lap display and heart rate sensors. The integrated reading rack also works great with tablets.

### **CE900**

Workout comfort and performance were first in mind when the CE900 Elliptical was developed. From stride length and hand grips to pedal placement and flywheel inertia, this elliptical combines fit and function in one robust machine. Owners will feel secure that they've made a solid investment for their users' experience and their bottom line.

### **/** CONSOLE

Premium, ultra-bright blue LED display with built in fan, integrated reading rack with C-safe port and power port for TV remote, heart rate graph bar.

### **✓** COOLING FAN

A turbo Cooling fan is standard on the CE900 elliptical. This may just be the reason individuals extend their workout by a few minutes.

#### **✓** HEART RATE % PROFILE

Heart Rate training is proven to be one of the best ways to measure your workout. Our Heart Rate % Profile gives you a quick reference of your % compared to maximum projected heart rate. The LED lights up in Amber for 50-60%, Green for 65% to 80%, and Red for 85%+.

### **FOOT PEDAL**

Our pedals have 2° of inversion that help place your body into an anatomically correct position throughout the workout.

### **✓** DURABLE FRAME

An epoxy hybrid, double powder coated, heavy gauge high strength steel frame means this elliptical is designed to stand the test of time.

### **✓** COMFORTABLE STRIDE

21" stride length with exclusive 2-degree pedal inversion to assure a comfortable motion.









Integrated adjustable fan

10.1" touchscreen display

Tablet friendly reading rack holder

Accessory trays

The 900 features a modern 10.1" touch screen display that allows your clients to watch TV, browse the web, and stream theit favorite music. There are 9 programs from Hill to Interval to a Custom program that allows your clients to create their own workout. These 9 options with 40 different levels are sure to keep your clients motivated to achieve their goals. Ergonomically friendly pulse grip and multi-position handles are within reach for more variety of natural hand positions while a large adjustable grill cooling fan keeps your clients cool to encourage them workout longer.

### CE900ENT

Created to work out with comfort and ease, the CE900ENT features the Spirit signature entertainment console for media at your fingertips. Users can watch TV, browse the internet or stream audio whilst working on their fitness with this 10.1" touchscreen display. This elliptical features a smooth pedal motion to minimize joint stress.

### ✓ CONSOLE

Large 10.1" touchscreen entertainment console with TV, web browsing, and music streaming tokeep clients fully entertained and engaged and encourage longer workouts.

### **✓** COOLING FAN

A turbo cooling fan is standard on the CE900ENT elliptical. This may just be the reason individuals extend their workout by a few minutes.

### **✓** HEART RATE % PROFILE

Heart Rate training is proven to be one of the best ways to measure your workout. Our Heart Rate % Profile gives you a quick reference of your % compared to maximum projected heart rate. The LED lights up in Amber for 50-60%, Green for 65% to 80%, and Red for 85%+.

### **✓ PULSE GRIP HANDLES**

Ergonomically designed handles that provide a comfortable grip throughout the workout plus two stationary handles on console with pulse grip to easily get an accurate heart rate.

#### **<b> ✓ DURABLE FRAME**

An epoxy hybrid, double powder coated, heavy gauge high strength steel frame means this elliptical is designed to stand the test of time.

### **✓** COMFORTABLE STRIDE

21" stride length with exclusive 2-degree pedal inversion to assure a comfortable motion.









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It features the most effective workout, HIIT (High Intense Interval Training) program along with 9 other options from fatburn to Watts. In addition to a cooling fan, lap display and heart rate sensors. The integrated reading rack also works great with tablets.

### **CR900**

Built to last, the CR900 Recumbent Bike takes workout ease and comfort to a new level. Step-through designmakes is easy for all users to enter and exit the bike. Molded foam seat that infinitely adjust along the seat rail and quick ratcheting pedals make it quick and easy to get on and go. Commercial crank assembly and extra-large roller bearings provide fluid pedal motion.

### ✓ CONSOLE

Premium, ultra-bright blue LED display with built in fan, integrated reading rack, with C-Safe port and power port for TV remote, heart rate graph bar so users can track their workout metrics.

### **✓** PADDED SEAT

The seat and backrest are made of high durometer foam pads to keep users comfortable throughout their workout.

### **✓ FOOT PEDALS**

Padded easy in and out ratcheting pedals with 2-degree pedal inversion for a comfortable workout with less stress on your feet.

#### **✓** TRANSPORTATION

There are transport wheels integrated into the front floor support tube for ease of repositioning. Simply lift and tilt the front end to roll the unit to your desired location.

### **<b> ✓ DURABLE FRAME**

An epoxy hybrid, double powder coated, heavy gauge high strength steel frame means this elliptical is designed to stand the test of time.

### **✓** STEP-THROUGH DESIGN

Step-through design with easy infinite seat adjustments provides an accessible and comfortable workout to all users.









The 900 features a modern 10.1" touch screen display that allows your clients to watch TV, browse the web, and stream theit favorite music. There are 9 programs from Hill to Interval to a Custom program that allows your clients to create their own workout. These 9 options with 40 different levels are sure to keep your clients motivated to achieve their goals. Ergonomically friendly pulse grip and multi-position handles are within reach for more variety of natural hand positions while a large adjustable grill cooling fan keeps your clients cool to encourage them workout longer.

### CR900ENT

The CR900ENT Recumbent Bike features the innovative entertainment console so your users can watch, browse, and listen to any media they choose. Beyond the comfort molded seat and easy access, this bike is built to perform with durable components. Commercial crank assembly and extra-large roller bearings provide smooth pedal motion that can handle even the most rigorous workout.

### ✓ CONSOLE

All pertinent information is displayed on a large 10.1" touchscreen display during the workout and a summary of accumulated data scrolls when you have finished. Users can also watch their favorite shows, browse the internet and stream music.

### **✓ COMFORT MOLDED SEAT**

The seat and backrest are made of high durometer foam pads to keep users comfortable throughout their workout.

### **✓ FOOT PEDALS**

Padded easy in and out ratcheting pedals with 2-degree pedal inversion for a comfortable workout with less stress on your feet.

#### **✓** TRANSPORTATION

There are transport wheels integrated into the front floor support tube for ease of repositioning. Simply lift and tilt the front end to roll the unit to your desired location.

### **✓ ADJUSTABILITY**

You can adjust the seat easily and intuitively by pulling up on the yellow spring-loaded handle located directly in front of it.

### **✓ ERGONOMIC HAND GRIPS**

Ergonomically friendly pulse grip handles are mounted comfortably on each side of the seat for a more natural hand position.









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### **CU900**

The CU900 Upright Bike boasts features that provide users with precise fit and function and a beautiful console to track performance. The seat height securely locks and adjusts at infinite increments while the molded handlebars provide ultimate comfort. Pedal motion is smooth and consistent with industrial roller bearings and 1" crank axel that can power through any climb.



### ✓ CONSOLE

Premium, ultra-bright blue LED display with built in fan, integrated reading rack, with C-Safe port and power port for TV remote, heart rate graph bar so users can track their workout metrics.

#### ✓ PADDED SEAT

The seat and backrest are made of high durometer foam pads to keep users comfortable throughout their workout.

### **✓ FOOT PEDALS**

Padded easy in and out ratcheting pedals with 2-degree pedal inversion for a comfortable workout with less stress on your feet.

### **✓** TRANSPORTATION

There are transport wheels integrated into the front floor support tube for ease of repositioning. Simply lift and tilt the front end to roll the unit to your desired location.

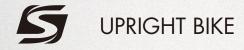
### **<b>✓** DURABLE FRAME

An epoxy hybrid, double powder coated, heavy gauge high strength steel frame means this elliptical is designed to stand the test of time.

### **✓** STEP-THROUGH DESIGN

Step-through design with easy infinite seat adjustments provides an accessible and comfortable workout to all users.









The 900 features a modern 10.1" touch screen display that allows your clients to watch TV, browse the web, and stream their favorite music. There are 9 programs from Hill to Interval to a Custom program that allows your clients to create their own workout. These 9 options with 40 different levels are sure to keep your clients motivated to achieve their goals. Ergonomically friendly pulse grip and multi-position handles are within reach for more variety of natural hand positions while a large adjustable grill cooling fan keeps your clients cool to encourage them workout longer.

### CU900ENT

Users get the best of both in motivation and entertainment with the CU900ENT Upright Bike. The 10.1" touchscreen display allows users to watch TV, surf the internet and stream music while they work out. Three workout display modes gives users plenty of feedback on their performance and progress. Commercial-grade pedals, cranks and bearings provide outstanding function and durability.



### ✓ CONSOLE

Premium, ultra-bright blue LED display with built in fan, integrated reading rack, with C-Safe port and power port for TV remote, heart rate graph bar so users can track their workout metrics.

#### ✓ PADDED SEAT

The seat and backrest are made of high durometer foam pads to keep users comfortable throughout their workout.

### **✓ FOOT PEDALS**

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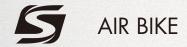
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### **✓** STEP-THROUGH DESIGN

Step-through design with easy infinite seat adjustments provides an accessible and comfortable workout to all users.









### **AB900**

The AB900 is a classic design of a classic modality. With its air-driven, isokinetic resistance system, this air bike is a powerful tool for all types of training situations — from low RPM, low load rehabilitation to high performance, high Watt output interval training. Resistance matches the user's effort and accommodates upper-body only and total body exercise. The compact design and eco-friendly rider-powered console allows the AB900 to be placed anywhere in a facility for easy programming integration.

### / CONSOLE

Easy-to-use quick mode buttons with simple control keypad, LCD displays

### **■ ADJUSTABILITY**

but they also feature a fore/aft adjustment for the perfect fit.

### **✓ COMFORTABLE SEAT**

A comfort molded seat allows users to work out for longer stretches with maximum enjoyment.

### **✓ UNLIMITED RESISTANCE**

Air-driven resistance delivers a simultaneous upper and lower-body challenge allowing the user to emphasize pushing and pulling or experience a total-body workout.

#### DURABILITY

All Spirit Fitness bikes are built with extra-heavy-gauge steel tubing to give them a stable base, and use high-quality bearings rather than bushings to ensure a longer life and smoother cycling action.

### **✓** INTEGRATED WINDSCREEN

Standard, integrated windscreen to prevent blowback for user comfort.









### **CSC900**

One of the original HIIT workouts, a rotating-stair climber has been one of the toughest machines in the gym for more than 35 years. The Spirit StairClimber features a super sleek design, locking stairs for safety and the largest surface area on the market for multiple foot position training options. Added depth to the stairs keep toes from being pinched while feeling like a natural step motion.



### ✓ STEP SIZE

One of the largest stepping surface area of any commercial stair-stepping machine.

### **✓ PADDED HANDLEBARS**

Padded handlebars surround the user for a secure and stable workout.

### / CONSOLE

Multi-window blue LED display with built in fan, integrated tablet rack, and space for accessories.

### **✓** REMOTE BUTTONS

Contact heart rate grips, resistance controls, and start/stop switch on handlebars.

### **✓** RESISTANCE

20 levels of resistance and up to 168 steps per minute provide an effective workout for all levels of users.

### **<b>***■* DURABLE FRAME

Durable commercial-grade steel with plastic shrouds and maintenance access panels with ABS steps. The CSC900 StairClimber is designed to stand the test of time.





### **CRW900**

Whether placed in a commercial or quality home studio, this rugged indoor rower never disappoints. Guaranteed to enhance any grand environment, CRW900 is complete with a hand lacquered American Ash Blackwood finish.

Flawlessly reproducing the natural catch and consistent resistance of on-water rowing CRW900 packs a punch with 65% greater resistance than standard fluid models – the perfect rower for solid progression no matter the fitness ability.

Offering smart device connectivity, CRW900 features auto-adjust technology automatically correlating the chosen tank resistance with the console display for more a more accurate and efficient workout.

CRW900 seat height provides you with perfect easy on / off without straining your knees or back. In addition, it also creates a more effective catch/drive position for rowing training.

Quick mode buttons

ARGET TARGET TARGET

Interval display panel

Quick mode buttons

Time, distance, calories, watts, speed, RPM

Control keypad





### **✓ FRAME**

A heavy-duty wooden frame with aluminum slide rails that was built to withstand the wear and tear of a commercial environment and that stands upright for easy storage.

### **■** TANK

XL twin tank design with durable multi-bladed impeller for greatly improved resistance range.

#### / CONSOLE

5.5" LCD console displays all workout data and is easily adjustable to different angles and heights for perfect viewing.

### **✓ EASY-ADJUST RESISTANCE KNOB**

10 levels of water resistance with easy-adjust knob to challenge all fitness levels.

### **✓** ADJUSTABLE FOOTRESTS

Padded footrests for ultimate comfort and easy adjustable straps for a secure fit.

### **✓ COMFORTABLE HANDLE DESIGN**

Commercial grade padded handlebar for comfort and durability.



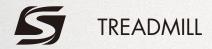
### SPIRIT 800 SERIES

Building on our heritage and innovation

For over 30 years, SPIRIT has been committed to designing and manufacturing the very best fitness equipment available. The 800 Series continues this tradition and only the highest quality materials are used in our products ensuring exeptional durability and reliability in the toughest environments.

**#MOVE YOUR SPIRIT** 







The CT800 is stout and extremely durable, weighing in at over 350 lbs. The combination of the heavy-duty steel frame and aluminum console masts and side rails make it comparable to treadmills at much higher price points in the commercial market. The large workout area makes this model very appealing to walkers and runners.

### **■** MOTOR

This unit comes equipped with a 4.0 hp DC motor with Grade H insulation. There are 2 fans that keep the motor cool to ensure it doesn't overheat and need replacing prematurely.

#### **■** BELT

A durable Multi-ply Habasit® belt is included for comfort and long life.

#### **✓** DECK

1" reversible, dual sided, Phenolic wax deck; this deck is maintenance free (other than monthly cleaning) and can be flipped for extra long life.

### **✓** HEART RATE % PROFILE

There is a bar graph integrated into the console that lets you know where your heart rate is in relation to projected maximum (calculated when you enter your age in the programming section of each program).

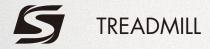
#### ✓ CONSOLE

Large Blue-LED Matrix Window w/20-Character Message Center, and 4 Separate LED Windows, with tablet Friendly Reading Rack Holder, convenient water bottle holder, and cargo compartment for keys, phone, or MP3 player.

### **✓** C-SAFE POWER and COMMUNICATION

The console has C-Safe Power & Communication capabilities for A/V control and virtual racing interaction with WebRacing® software.









### **CT850**

Designed to withstand the rigors of a commercial fitness environment, the CT850 features a heavy-duty steel frame, a durable powder coat finish and large steel console masts for ultimate stability and durability. The cool running, brushless 3.0 horse power AC drive motor adds to the reliability of the treadmill while providing the torque and smooth continuous power required by the unique needs of its users.

### **■** MOTOR

This unit comes equipped with a brushless, 4.0 hp AC motor with Grade H insulation.

### **/** BELT

A durable Multi-ply Habasit® belt is included for comfort and long life.

#### **✓** DECK

We use a 1" reversible, dual sided, Phenolic wax deck; this deck is maintenance free(other than monthly cleaning) and can be flipped for extra-long life.

### **✓** OPTIONAL TV BRACKET

An optional TV Bracket (TV not included) to add an extra layer of entertainment for clients to keep them engaged with their workout. Optional extended handrails also available.

#### **✓** CONSOLE

A 9" multi-color backlit LCD screen that conveniently displays 9 pieces of data at a time to keep you informed and motivated.

### C-SAFE POWER and COMMUNICATION

The console has C-Safe Power & Communication capabilities for A/V control and virtual racing interaction with WebRacing® software.









### **CE800**

The CE800 was specifically engineered for the commercial environment, from its heavy-duty steel frame to its durable powder coat paint finish. Its design focuses on convenience, comfort, reliability, and aesthetic appeal. Facility owners will have the peace-of-mind knowing they have a dependable machine while users experience a fluid total-body workout.

### **/** CONSOLE

The bright LED screen displays all pertinent information is displayed during the workoutand a summary of accumulated data scrolls when you have finished.

### **✓** COOLING FAN

A turbo cooling fan is standard on the CE800 elliptical. This may just be the reason individuals extend their workout by a few minutes.

### **✓ FOOT PEDALS**

Spirit Fitness elliptical trainers are the only elliptical trainers that have an integrated two-degree inward tilt to make your workout more comfortable. This exclusive design puts you in a more ergonomically correct position. The pedals are also padded, placing less stress on your feet.

#### **✓ PULSE GRIP HANDLES**

Ergonomically designed handles that provide a comfortable grip throughout the workout plus two stationary handles on console with pulse grip to easily get an accurate heart rate.

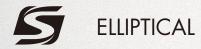
### **<b>***■* DURABLE FRAME

Heavy-gauge high-strength steel frame with durable powder-coat paint means this elliptical is designed to stand the test of time.

### **✓ GENERATOR SYSTEM**

This unit uses a generator to power the console. Therefore there is no need for an electrical hookup.









### **CE850**

The CE850 adjustable stride Elliptical Trainer combines our robust and compact front-drive elliptical design with the ability to customize your ideal stride motion from 18 to 24 inches. Our narrow 2" pedal spacing (Q-Factor), large cushioned pedals, and ability to simulate a walk/jog/run through electronically adjustable stride adjustment combine to give you the ultimate cardio workout for your users.

### **✓** CONSOLE FEEDBACK

The bright LED screen displays all pertinent information is displayed during the workout and a summary of accumulated data scrolls when you have finished.

#### COOLING FAN

A turbo cooling fan is standard on the CE850 elliptical. This may just be the reason individuals extend their workout by a few minutes.

### **✓ FOOT PEDALS**

Our pedals have 2° of inversion that help place your body into an anatomically correct position throughout the workout.

### **✓ COMFORTABLE HANDLES WITH**QUICK ACCESS BUTTONS

Ergonomically designed handles that provide a comfortable grip throughout the workout. You have the ability to adjust both the level and/or stride length without removing your hands from the swing arms; this is especially convenient when performing interval work.

#### **✓** DURABLE FRAME

Heavy-gauge high-strength steel frame with durable powder-coat paint means this elliptical is designed to stand the test of time.

### **✓** ADJUSTABLE STRIDE

The electronically adjustable stride length of the CE850 from 18"-24" in .5" increments accommodates users of all heights. It can also replicate walking, jogging, and running depending on the length of stride chosen.









### **CR800**

The CR800 Recumbent Bike is the perfect bike for the commercial environment. The step-through design makes it easy for your clients to get on the bike, and the easy-adjust seat allows them to find the most comfortable position. The console offers multiple programs, most with 40 levels of resistance and enough feedback information to make sure your clients never grow bored of the CR800. The extra-smooth ride comes from the perfect gearing and the integrated generator/flywheel system.



#### **/** CONSOLE

Accessible and comfortable console designed to make users workout as enjoyable as possible. Features a storage tray for a phone, keys, or an MP3 player. A turbo cooling fan keeps clients cool and encourages them to work out longer. A large, easy-to-read console gives feedback from calories to distance to time.

#### **✓ COMFORT MOLDED SEAT**

The seat and backrest are made of high durometer foam pads to keep users comfortable throughout their workout.

#### **✓ FOOT PEDALS**

Pedals have 2° of inversion that help place your body into an anatomically correct position throughout the workout; they are also padded to take stress off of the feet.

#### **✓** TRANSPORTATION

There are transport wheels integrated into the front floor support tube for ease of repositioning. Simply lift and tilt the front end to roll the unit to your desired location.

#### **✓** ADJUSTABILITY

You can adjust the seat easily and intuitively by pulling up on the yellow spring-loaded handle located directly in front of it.

#### **✓ ERGONOMIC HAND GRIPS**

Ergonomically friendly pulse grip handles are mounted comfortably on each side of the seat for a more natural hand position.









# **CU800**

The CU800 was specifically engineered for the commercial environment, from its heavy-duty steel frame to its durable powder coat paint finish. The design focuses on convenience, comfort, and durability. The console offers multiple programs, most with 40 levels of resistance and enough feedback information to make sure your clients never grow bored of the CU800. The extra-smooth ride comes from the perfect gearing and the integrated generator/flywheel system.

## SPIRIT

#### ✓ CONSOLE

The bright LED screen displays all pertinent information is displayed during the workout and a summary of accumulated data scrolls when you have finished.

#### **✓ COMFORT MOLDED SEAT**

The dual-spring seat is made of high durometer foam pads to keep users comfortable throughout their workout.

#### **✓ FOOT PEDALS**

Pedals have 2° of inversion that help place your body into an anatomically correct position throughout the workout; they are also padded to take stress off of the feet.

#### **✓** TRANSPORTATION

There are transport wheels integrated into the front floor support tube for ease of repositioning. Simply lift and tilt the front end to roll the unit to your desired location.

#### **✓** ADJUSTABILITY

You can adjust the seat easily and intuitively by pulling up on the yellow spring-loaded handle located directly in front of it.

#### **✓ PULSE GRIP HANDLES**

Ergonomically friendly pulse grip handles are mounted comfortably in the front near the console for a more natural hand position and upright posture.









# **CIC800**

The CIC800 Indoor Cycle excels in three critical areas – durability, comfort and performance. It is a perfect addition to a club, corporate fitness/recreation center, school or hotel because the stout design will withstand hours of consistent use. The needle bearings that encompass the pedals and flywheel axle, industrial grade Hutchinson poly-v belt, and our three-piece crank work synergistically to create the perfect formula for durability and performance.

The fore/aft/up/down adjustments of the handlebars and seat along with SPD dual pedal design provide a comfortable fit for nearly any size rider.



#### **✓** QUICK-STOP BRAKE

Quick-stop brake is within easy reach to ensure a safe ride for users.

#### *■* **HANDLEBARS**

Performance PVC coated handlebars with micro fore/aft and reliable pop-pin up/down adjustments.

#### **✓ FOOT PEDALS**

Dual function pedal. On one side is a standard flat surface with a toe cage that appeals to the average exerciser. On the other side is a premium SPD clip that will be utilized by avid cyclists.

#### **✓** COMFORTABLE SEAT

Comfortable adjustable saddle with micro fore/aft and reliable pop-pin up/down adjustments.

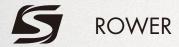
#### **✓** MAGNETIC RESISTANCE

Magnetic resistance provides consistent maintenance-free resistance for a smooth and enjoyable ride.

#### **✓** STABILITY

Oversized floor casters provide a stable base of support for simulated climbs out of the saddle and heavier riders.





# **CRW800**

The CRW800 Rower combines a long list of high performance features with a reliable design. From the convenience of the 20" frame height and folding storage design to the combined air/magnetic resistance and remote handle controls, the CRW800 is sure to impress. It is the perfect addition to a corporate fitness/recreation center, school or hotel because the ease of use and resulting unparalleled full-body workout are second to none.



SPIRIT

DISTANCE

Large blue backlit LCD window

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#### **✓ FRAME**

A heavy-duty steel frame that was built to withstand the wear and tear of a commercial environment and that folds up for easy storage.

#### **✓** STEEL FAN COVER

Durable stainless steel fan cover protects the powerful air/magnetic fan that delivers a smooth workout with 16 levels of resistance.

#### **✓** REMOTE HANDLE CONTROLS

Quickly adjust the resistance between 16 levels without removing your hands from the handlebar.

#### ✓ CONSOLE

Bright, backlit console displays all workout data and is easily adjustable to different angles and heights for perfect viewing.

#### **■** ADJUSTABLE FOOTRESTS

Flex pedals with easy adjust numbered settings provide users with a comfortable workout.

#### *I* LARGE SEAT

Large contoured seat for ultimate comfort and a convenient 20" frame height to get users on and off with ease.







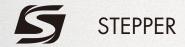
# **CG800**

The CG800 eGlide Trainer was designed for groups / classes or individuals that like to create their own workout scenario in the commercial environment. It will appeal to both runners and cyclists as a cross training modality that is full weight bearing, without the impact. The unique Patented Direct Drive System, optimally weighted pedal arms, dual-action handlebars, 2° inverted foot pedals, and stride length combine to create the perfect formula to assure a frictionless stride. This motion creates what we call the "floating" effect. Once your clients reach a certain RPM, they will start to "float" and experience the smoothest possible gait pattern.



- · Patented Direct Drive System produces a unique workout experience.
- · Infinite resistance adjustments to satisfy every fitness level.
- · Telemetric Heart Rate for hands free monitoring.
- · 30 lbs flywheel generates the optimum amount of inertia.
- · Battery powered console means there is no need for electricity.









# **CS800**

The CS800 Stepper combines the familiar dependent stepping action with an arched step-rail design and impressive 16" maximum step height for an effective lower body workout. The narrow 2" pedal spacing (Q-Factor), large cushioned pedals, and solid handrail design combine to give you an incredibly comfortable and space-efficient cardio unit.

## SPIRIT

#### / CONSOLE

The bright LED screen displays all pertinent information is displayed during the workout and a summary of accumulated data scrolls when you have finished. Features a storage tray for a phone or keys plus a turbo cooling fan.

#### **✓** COOLING FAN

Cooling fans are standard on all of our fitness steppers. This may just be the reason individuals extend their workout by a few minutes.

#### **✓ PADDED HANDLEBARS**

Padded handlebars surround the user for a secure and stable workout.

#### **✓ FOOT PEDALS**

Oversized cushioned foot pedals for a comfortable feel and that provide a smooth movement pattern.

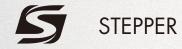
#### **PULSE GRIPS**

Ergonomically friendly pulse grips for a more natural hand position to easily access heart rate metrics during use.

#### **<b>✓** DURABLE FRAME

Heavy-gauge high-strength steel frame with durable powder-coat paint means this stepper is designed to stand the test of time.









# **CRS800**

The CRS800 Recumbent Stepper is the perfect solution for those clients wanting a low-impact, full-body workout, while performing a functional movement with minimal stress on lower body joints. The seated stepping motion utilizes a linked, linear motion enabling users to self-adjust the stroke length to accommodate their range-of-motion capabilities. The smooth stepping action is complemented with oversized cushioned foot pedals, linked natural upper body motion with large cushioned multi-grip handles, and a step-through frame design for users with limited mobility.



#### **✓** CONSOLE

The bright LED screen displays all pertinent information is displayed during the workout and a summary of accumulated data scrolls when you have finished. A storage tray for a phone or keys plus a turbo cooling fan.

#### **✓** COOLING FAN

Cooling fans are standard on all of our fitness steppers.

This may just be the reason individuals extend their workout by a few minutes.

#### **✓** COMFORTABLE SEAT

High-density foam seat pads with recline and for/aft adjustment make the CRS800 an exceptionally comfortable option. Plus a fully padded backrest for added support and comfort.

#### **✓ FOOT PEDALS**

Oversized cushioned foot pedals for a comfortable feel and provide a smooth movement pattern.

#### **✓** EASE OF ACCESS

Step-through design and 360-degree swiveling seat assembly provides an accessible and comfortable workout to all users

#### *■* DURABLE FRAME

Heavy-gauge high-strength steel frame with durable powder-coat paint means this recumbent stepper is designed to stand the test of time.



# **SPECIFICATION**

**#MOVE YOUR SPIRIT** 













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**CT900** 

**CT900ENT** 

CONSOLE	Large blue LED matrix with separate LED info window	Large red LED matrix with separate LED info window	Premium, ultra-bright blue LED display and fan (Optional TV Bracket Available, Built in Power Port for TV Remote)	15.6" touchscreen display with multiple viewing modes and fan
PROGRAMS	Manual, interval, 5k, hill, fat burn, cardio, Gerkin Protocol Fit Test, 4 military readiness tests, 2 HR, custom	Manual, interval, 5k, 10k, strength, hill, fat burn, cardio, Gerkin Protocol Fit Test, 4 military readiness tests, 2 HR, 2 custom	Manual, hill, 5K run, heart rate, HIIT, fat burn, cardio, fitness tests	Manual, hill, fat burn, cardio, strength, 5K, 10K, interval, HR, custom, calories, military fitness tests (Air Force, Army, Coast Guard, Marines, Navy, PEB, Gerkin, WFI)
HEART RATE	contact and telemetric compatible	contact and telemetric compatible	contact and telemetric compatible	contact and telemetric compatible
SPEED/INCLINE	0.8 - 20 kmh / 0-15%	0.8 - 20 kmh / 0-1 <i>5</i> %	0.8 - 25 kmh / 0-15%	0.8 - 25 kmh / 0-15%
POWER	230v (NEMA 5-20P electrical cord); 10A circuit recommended	230v (NEMA 5-20P electrical cord); 10A circuit recommended	230v (NEMA 5-20P electrical cord); 10A circuit recommended	230v (NEMA 5-20P electrical cord); 10A circuit recommended
DRIVE MOTOR	3.0 HP AC drive with grade H insulation	4.0 HP AC drive with grade H insulation	5.0 HP AC drive with grade H insulation	5.0 HP AC drive with grade H insulation
DECK	1" / 25mm phenolic, double-sided, wax coated	1" / 25mm phenolic, double-sided, wax coated	1" / 25mm phenolic, double-sided, wax coated	1" / 25mm phenolic, double-sided, wax coated
BELT	56 x 152cm, Habasit ® commercial, multi-ply	56 x 152cm, Habasit ® commercial, multi-ply	56 x 158cm, Habasit ® commercial, multi-ply	56 x 158cm, Habasit ® commercial, multi-ply
ROLLERS	3" / 75mm	3" / 75mm	3" / 75mm	3" / 75mm
FRAME	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint, Aluminum Console Masts	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint, Aluminum Console Masts	Epoxy hybrid, double powder coated, heavy gauge high strength steel	Epoxy hybrid, double powder coated, heavy gauge high strength steel
DIMENSIONS	84" x 35" x 57" / 2125 x 885 x 1440mm	84" x 35" x 57" / 2125 x 885 x 1440mm	84" x 35" x 60" / 2140 x 903 x 1530mm	84" x 35" x 60" / 2140 x 903 x 1530mm
PRODUCT WEIGHT	342lbs / 155kgs	342lbs / 155kgs	500lbs / 227kgs	500lbs / 227kgs
MAX USER WEIGHT	330lbs / 150kgs	330lbs / 150kgs	450lbs / 204kgs	450lbs / 204kgs











**CE800** 

**CE85**0

**CE900** 

CE900ENT

CONSOLE	Large blue LED matrix	Large blue LED matrix	Premium, ultra-bright blue LED display and fan (Optional TV Bracket Available, Built in Power Port for TV Remote)	10.1" touchscreen display with multiple viewing modes and fan
PROGRAMS	Manual, hill, fat burn, cardio, strength, interval, HR, constant power, custom	Manual, hill, fat burn, cardio, strength, interval, 2 custom, 2 HR	Manual, hill, fat burn, heart rate, HIIT, cardio, interval, watts and strength	manual, hill, fat burn, cardio, strength, constant power, interval, HR, Custom, Fitness test
HEART RATE	contact and telemetric compatible	contact and telemetric compatible	contact and telemetric compatible	contact and telemetric compatible
RESISTANCE	40 levels	20 levels	40 levels	40 levels
POWER	self-generating	230v/120v; 15A circuit recommended	Self-generating	110V/240V
FOOT PEDALS	Oversized with 2-Degree Inversion	Oversized with 2-Degree Inversion	Oversized with 2-Degree Inversion	Oversized with 2-Degree Inversion
STRIDE	20" / 508mm	Adjustable, 18"-24" / Adjustable, 457-610mm	21" / 533mm	21" / 533mm
FLYWHEEL SYSTEM	13.6kgs / 30lbs	13.6kgs / 30lbs	13.6kgs / 30lbs	13.6kgs / 30lbs
DRIVE TRAIN	Integrated Generator with 13.5kg Flywheel	Integrated Generator with 13.5kg Flywheel	12 Groove Poly-V Belt with Self-Tensioner	12 Groove Poly-V Belt with Self-Tensioner
FRAME	Heavy-gauge high-strenght steel with durable powder-coat paint	Heavy-gauge high-strenght steel with durable powder-coat paint	Epoxy hybrid, double powder-coated steel with tubular design	Epoxy hybrid, double powder-coated steel with tubular design
DIMENSIONS	78" x 24" x 70" / 1980 x 615 x 1780mm	84" x 32" x 69" / 2130 x 815 x 1765mm	77" x 32" x 66" / 1953 x 820 x 1685mm	77" x 32" x 66" / 1953 x 820 x 1685mm
PRODUCT WEIGHT	244lbs / 110.7kgs	276lbs / 125kgs	396lbs / 180kgs	396lbs / 180kgs
MAX USER WEIGHT	450lbs / 204kgs	450lbs / 204kgs	450lbs / 204kgs	450lbs / 204kgs









# **CR800**

CR900

CR900ENT

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CONSOLE	Large blue LED matrix	Premium, ultra-bright blue LED display and fan (Optional TV Bracket Available, Built in Power Port for TV Remote)	10.1" touchscreen display with multiple viewing modes and fan
PROGRAMS	Manual, Hill, Fat Burn, Cardio, Strength, Interval, Fit Test, HR, Constant Power, Custom	Manual, Hill, Fat Burn, Heart Rate, HIIT, Cardio, Interval, Watts, Fitness Test	Manual, Hill, Fat Burn, Cardio, Strength, Interval, Fit Test, HR, Constant Power, Custom
HEART RATE	contact and telemetric compatible	contact and telemetric compatible	contact and telemetric compatible
RESISTANCE	40 levels	40 levels	40 levels
POWER	Self-generating	Self-generating	110V/240V
FOOT PEDALS	Oversized with 2 degree inversion	Ratcheting strap pedals with 2-degree inversion	Ratcheting strap pedals with 2-degree inversion
SEAT	Comfort molded seat and backrest	Comfort molded seat and backrest	Comfort molded seat and backrest
FLYWHEEL SYSTEM	13.6kgs / 30lbs	13.6kgs / 30lbs	13.6kgs / 30lbs
DRIVE TRAIN	Poly-v belt with self-tensioner	8 Groove Poly-V Belt with Spring Loaded Idler	8 Groove Poly-V Belt with Spring Loaded Idler
FRAME	Heavy-gauge high-strenght steel with durable powder-coat paint	Epoxy hybrid, double powder coated, heavy gauge high strength steel	Epoxy hybrid, double powder coated, heavy gauge high strength steel
DIMENSIONS	57" x 30" x 47" / 1440 x 740 x 1200mm	66" x 29" x 49" / 1688 x 744 x 1241mm	66" x 29" x 49" / 1688 x 744 x 1241mm
PRODUCT WEIGHT	165lbs / 75kgs	198lbs / 90kgs	198lbs / 90kgs
MAX USER WEIGHT	330lbs / 150kgs	450lbs / 204kgs	450lbs / 204kgs

# UPRIGHT BIKE / AIR BIKE

# **SPIRIT**









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CU900

**CU900ENT** 

AB900

CONSOLE	Large blue LED matrix	Premium, ultra-bright blue LED display and fan (Optional TV Bracket Available, Built in Power Port for TV Remote)	10.1" touchscreen display with multiple viewing modes and fan	Performance designed console is easy-to-read and use
PROGRAMS	Manual, Hill, Fat Burn, Cardio, Strength, Interval, Fit Test, HR, Constant Power, Custom	Manual, Hill, Fat Burn, Heart Rate, HIIT, Cardio, Interval, Watts, Fitness Test	Manual, Hill, Fat Burn, Cardio, Strength, Interval, Fit Test, HR, Constant Power, Custom	Quick Start, Target Time, Target Distance, Target Calories, Target Heart Rate, Interval 20-10, Interval 10-20, Interval Custom
HEART RATE	contact and telemetric compatible	contact and telemetric compatible	contact and telemetric compatible	
RESISTANCE	40 levels	40 levels	40 levels	Isokinetic, Air resistance
POWER	Self-generating	Self-generating	110V/240V	Cordless, 4 AA Batteries Required
FOOT PEDALS	Oversized with 2 degree inversion	Ratcheting strap pedals with 2-degree inversion	Ratcheting strap pedals with 2-degree inversion	Flat, Platform-Style with Anti-Skid Design
SEAT	Dual-Spring Cushioned	Comfort molded seat	Comfort molded seat	Cushioned, Performance Design
FLYWHEEL SYSTEM	13.6kgs / 30lbs	13.6kgs / 30lbs	13.6kgs / 30lbs	-
DRIVE TRAIN	Poly-v belt with self-tensioner	8 Groove Poly-V Belt with Spring Loaded Idler	8 Groove Poly-V Belt with Spring Loaded Idler	1/8" Chain
FRAME	Heavy-gauge high-strenght steel with durable powder-coat paint	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	Welded steel construction with bolt-on floor stabilizers
DIMENSIONS	43" x 22" x 54" / 1080 x 550 x 1360mm	48" x 25" x 55" / 1212 x 636 x 1394mm	48" x 25" x 55" / 1212 x 636 x 1394mm	48" x 26" x 50" / 1220 x 658 x 1281 mm
PRODUCT WEIGHT	115lbs / 52.3kgs	142lbs / 64.5kgs	142lbs / 64.5kgs	119lbs / 54kgs
MAX USER WEIGHT	330lbs / 150kgs	450lbs / 204kgs	450lbs / 204kgs	350lbs / 159kgs



# INDOOR CYCLE / ROWER



# **CIC800**

resistance	Magnetic, Rotary Knob; Micro Adjustments
DRIVE TRAIN	Industrial Grade Hutchinson Poly-V Belt and ISIS Oversized Bottom Bracket
FLYWHEEL	Perimeter Weighted 37lbs Flywheel; High Inertia System
SEAT	Racing Saddle
HANDLEBAR	PVC coated, Multi-Grip Design, Built-In Water Bottle Holder
FOOT PEDALS	Dual Sided with SPD & Toe Cage
HANDLEBAR/SEAT POSTS	Aluminum with Stamped Numerical Height Indicators
CRANK	3-piece
FRAME	High Strength Steel with Durable Powder Coat Paint
ADJUSTMENTS	Up/Down - Reliable Pop-Pin Adjustments; Fore/Aft - Knob Tightening Micro Adjustments
DIMENSIONS	42" × 21" × 41" / 1067 × 533 × 1041mm
PRODUCT WEIGHT	126lbs / 60kgs
MAX USER WEIGHT	350lbs / 159kgs





# **CRW800**

# **CRW900**

CONSOLE	5.5" Blue Backlit LCD, Adjustable Console Angle and Console Arm	5.5" LCD, Adjustable Console Angle
PROGRAMS	Manual, Distance, Time, Calories, 20/10 Interval, 10/20 Interval, Custom Interval, Fat Burn, Cardio, Strength, Game	Manual, Target Time, Target Distance, Target Stroke, Target Calories, Target HR
HEART RATE	Telemetric (Heart Rate Strap Not Included)	Telemetric (Chest strap sold separately)
RESISTANCE	Air and Magnetic (16 Levels)	Water (10 Levels), Easy-adjust Knob
POWER	Plug-In; 120 Volts	Console requires 4 AA batteries
SEAT	Contoured and Padded	Ergonomically molded seat
FOOTRESTS	Adjustable Footrests with Numbered Sizing	Footrests with adjustable straps and padded
FRAME	High-Strength Steel with Durable Powder-Coat Paint; Aluminum Monorail	Heavy-duty wooded frame with durable aluminum slide rails
DIMENSIONS	94" x 18" x 38" / 2388 x 457 x 965mm 53" x 18" x 71" / 1346 x 457 x 1803mm folded	84" x 21" x 22" / 2134 x 533 x 559mm Stands for upright storage
PRODUCT WEIGHT	96lbs / 43.5kgs	90.4lbs / 41 kgs
MAX USER WEIGHT	450lbs / 204kgs	330lbs / 150kgs

# STEPPER / STAIRCLIMBER







OO CR5800

CONSOLE	Large blue LED matrix	7.5" Blue Backlit LCD
PROGRAMS	Time, Distance, Pulse, Calories, Speed, RPM, MPH, Work Level, Watts, METs	Manual, Hill, Fat Burn, Cardio, Strength, Interval, 2 HR, 2 Custom
HEART RATE	contact and telemetric compatible	contact and telemetric compatible
RESISTANCE	20 levels	20 levels, Watt Range from 5 to 750
POWER	120 Volts; 15 Amp Circuit Recommended	120 Volts; 15 Amp Circuit Recommended
DRIVE TRAIN	Poly-v belt with self-tensioner	Heavy-duty, poly-v belt
FOOT PEDALS	Oversized and padded	Oversized with cushioned foot pedals
FLYWHEEL SYSTEM	23lbs / 10kgs	
SEAT		high density foam seat pads, adjustable angle, fore/aft adjustment
FRAME	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint
DIMENSIONS	55" x 32" x 63" / 1397 x 813 x 1600 mm	67" x 32" x 48" / 1701 x 813 x 1219 mm
PRODUCT WEIGHT	175lbs / 79kgs	258lbs / 117kgs
MAX USER WEIGHT	450lbs / 204kgs	450lbs / 204kgs



# **CSC900**

CONSOLE  Multi-window blue LED display with built in fan, integrated tablet rack, and space for accessories	
PROGRAMS  Quick Start, Warm Up, Fat Burn, Training, Rolling Hills, Challenge, Interval, User, Target	
HEART RATE contact and telemetric compatible	
RESISTANCE 20 levels	
POWER AC adapter; 100-240V	
STEP RATE 25 to 168 steps per minute	
NUMBER OF STEPS 8	
CEILING HEIGHT MINIMUM 2.74m	
REMOTE BUTTON Resistance Up/down, Start/stop	
FRAME Commercial-grade steel with plastic shrouds and maintenance access panels	
DIMENSIONS 64" x 38" x 83" / 1626 x 965 x 2108 mm	
PRODUCT WEIGHT 512lbs / 232kgs	
MAX USER WEIGHT 400lbs / 181.5kgs	

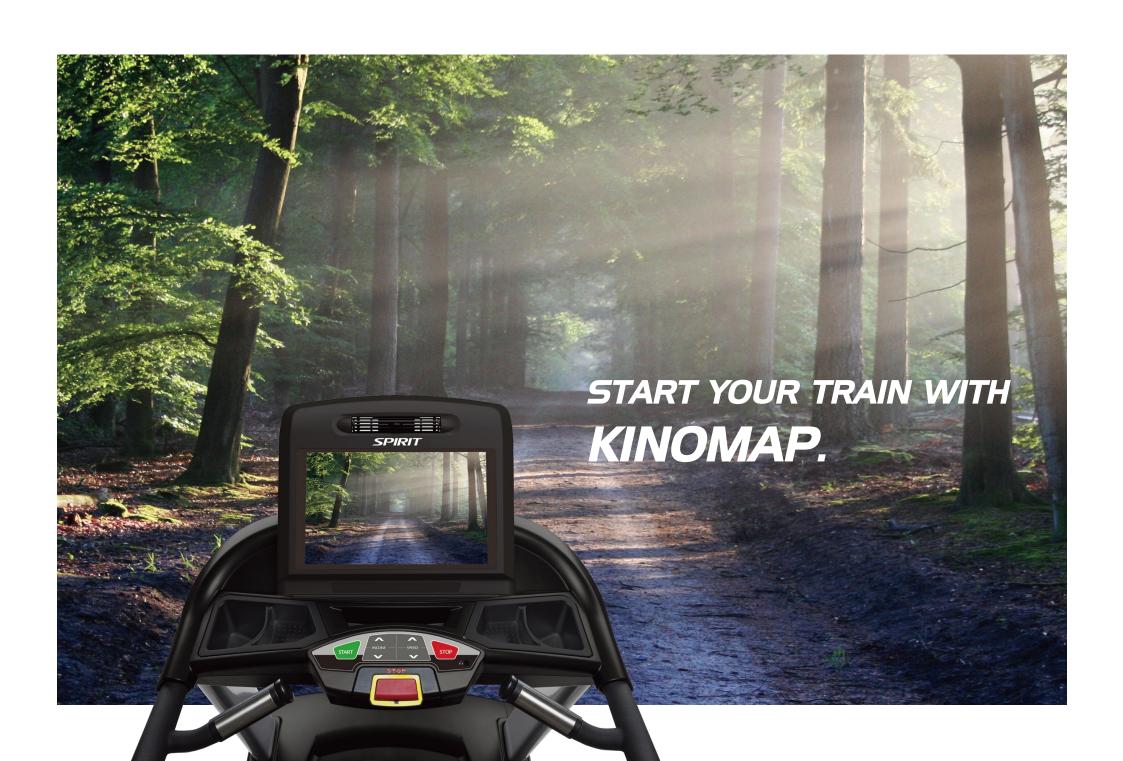




# **CG8**00

CONSOLE	4-Windows LCD with Simple 4-Button Operation
resistance	Infinite levels
HEART RATE	Telemetric compatible
STEP HEIGHT	20" / 508 mm
POWER	3 AA Batteries
FLYWHEEL SYSTEM	13.6kgs / 30lbs
FOOT PEDALS	Oversized with 2° Inversion, Built in Sweat Drains
FRAME	Heavy-Gauge High-Strenght Steel, Zinc Undercoating with Durable Powder-Coat Paint
DIMENSIONS	69" x 24" x 66" / 1752 x 609 x 1676 mm
PRODUCT WEIGHT	247 lbs / 112 kgs
MAX USER WEIGHT	330lbs / 150kgs





# **SPIRIT**



Well-known to be the largest geolocated video-sharing platform in the world, Kinomap provides training Apps to offer runners, cyclists and rowers willing to train on existing routes and energize their indoor training sessions.

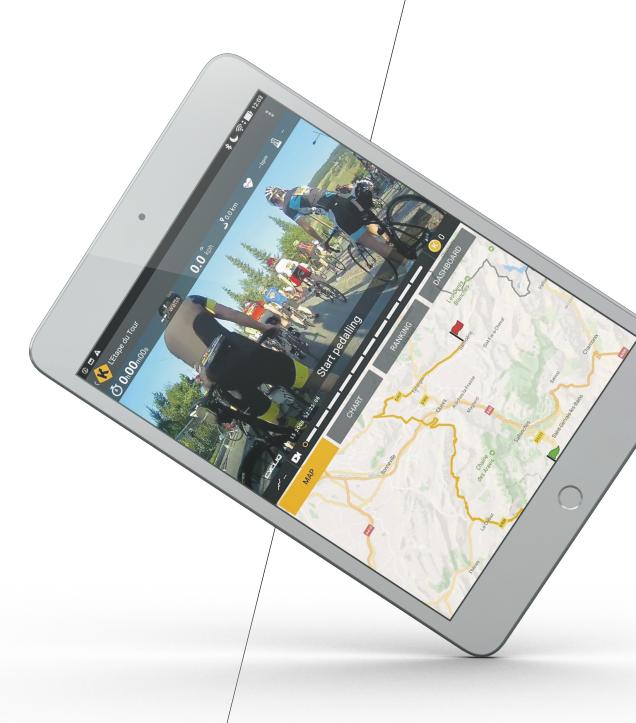
Kinomap turns your bike trainer, exercise bike, treadmill or rowing machine into a powerful and fun fitness device. Choose a video and train on the Kinomap app. Watch your icon progress on the map as you follow the video. The app will change incline or resistance on your equipment to follow each video you choose in real time. Kinomap works on any training equipments / bike trainers using the camera of your smartphone or tablet. For an even richer experience, you can purchase an interactive machine. Find the right equipment by clicking the link below.

Join a multiplayer session! Compete on Kinomap's multiplayer platform (every hour on the hour). Join a session and see how you stack up against our other challengers.

All SPIRIT Bluetooth enabled equipments are now compatible with Kinomap. Join now and make your training session full with fun and excitement!







# SPRT



spiritcommercialfitness.com

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