

# PRO ACTIVE

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**2018**

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PA\_230518

## THE PROACTIVE RANGE.

**SOMETIMES A GYM SIMPLY NEEDS NO-FRILLS EQUIPMENT THAT IS TOUGH AND EFFECTIVE. THAT'S WHAT PROACTIVE IS ALL ABOUT: A NEW RANGE OF TRAINING TOOLS FOR STRENGTH AND FUNCTIONAL TRAINING, BROUGHT TO YOU BY A NAME RECOGNISED IN THE UK FITNESS MARKET FOR MORE THAN 20 YEARS. AS WELL AS FEATURES FOR GREAT USABILITY, THIS RANGE STANDS OUT WITH CLEAN, CLASSIC DESIGN. THERE ARE ALSO RACKS TO KEEP EVERYTHING STORED AWAY NEATLY.**

**GET DOWN TO THE FUNDAMENTALS WITH PROACTIVE.**

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# URETHANE DUMBBELLS.

- Solid steel head, pressed and welded to a chrome-plated handle.
- Durable, non-marking and low-odour urethane coating.
- Contrasting weight indicators permanently moulded into the heads.
- 2.5kg increments.



**WEIGHT: 2.5KG – 50KG (2.5KG INCREMENTS).**  
**MATERIALS: SOLID STEEL CORE WITH URETHANE COATING.**  
**PART CODE: PAP025 – PAP500.**

For rack information see page 16 and 17.



# RUBBER DUMBBELLS.

- Solid steel head, pressed and welded to a chrome handle.
- Rubber coating.
- Weight indicators permanently moulded into the heads.
- 2.5kg increments.



**WEIGHT (METRIC): 2.5KG – 50KG (2.5KG INCREMENTS).**  
**WEIGHT (IMPERIAL): 2.5LBS – 100LBS (2.5LBS INCREMENTS TO 15LBS THEN 5LB INCREMENTS 15LBS TO 100LBS).**  
**MATERIALS: SOLID STEEL CORE WITH RUBBER COATING.**  
**PART CODE: PAR025 – PAR500.**

For rack information see page 16 and 17.



## PU BUMPER PLATES.

- Polyurethane coating.
- Steel core.
- Embossed weight indication.
- High tolerance of +/- 2%.



**WEIGHT: 5/10/15/20/25KG.**  
**MATERIALS: STEEL CORE, PU COATED.**  
**PART CODE: PABP050 – PABP250.**

For rack information see page 16 and 17.

## RUBBER BUMPER PLATES.

- Solid rubber.
- Pressed steel inserts.
- Moulded weight indicators show pounds and kilograms.



**WEIGHT: 5/10/15/20KG.**  
**MATERIALS: SOLID RUBBER.**  
**PART CODE: PABR050 – PABR200.**

For rack information see page 16 and 17.

# OLYMPIC GRIP PLATES.

- Rubber coated.
- Easy grip handles.
- Pressed steel inserts.
- Moulded weight indicators show pounds and kilograms.



**WEIGHT: 1.25/2.5/5/10/15/20/25KG.**  
**MATERIALS: STEEL CORE WITH RUBBER COATING.**  
**PART CODE: PADR012 – PADR250.**



## CAST IRON KETTLEBELLS.

- Extra-tough powder-coated finish.
- Colour-coded bands and engraved weight indicators.
- Smooth handles.
- Flat base.



**WEIGHT: 8/12/16/20/24/28/32KG**  
**MATERIALS: CAST IRON WITH POWDER COATING.**  
**PART CODE: PAKC08 – PAKC32.**

For rack information see page 16 and 17.

## SOFT PLYO BOXES.

- Can be used individually or stacked for different height options.
- Velcro tabs for safety when stacking.
- High-density foam filling with PVC covering.
- Lightweight so easy to move around the gym.



**SIZE: 30CM/45CM/60CM.**  
**MATERIALS: REBONDED FOAM AND PVC.**  
**PART CODE: PAPSB30/PAPSB45/PAPSB60.**

# MEDICINE BALLS.

- Textured rubber.
- Designed to bounce.
- Weight indicators show pounds and kilograms.



**WEIGHT: 1/2/3/4/5KG.**  
**MATERIALS: RUBBER.**  
**PART CODE: PAMB01 – PAMB05.**

For rack information see page 16 and 17.

# DOUBLE GRIP MEDICINE BALLS.

- Textured rubber with ergonomic handles.
- Designed to bounce.
- Weight indicators show pounds and kilograms.



**WEIGHT: 6/7/8/9/10KG.**  
**MATERIALS: RUBBER.**  
**PART CODE: PADG06 – PADG10.**

For rack information see page 16 and 17.

# VINYL DIPPED HANDWEIGHTS.

- Vinyl dipped cast iron.
- Anti-roll design.
- Comfort grip handle.



**WEIGHT: 1/2/3/4/5KG.**  
**MATERIALS: CAST IRON WITH VINYL COATING.**  
**PART CODE: PAVD01 – PAVD05.**

For rack information see page 16 and 17.



PAMHR02-11 rack shown

# ECO REP SET.

- Recycled steel with a urethane coating.
- Easy grip handles.
- Includes 2 x 1.25kg, 2 x 2.5kg and 2 x 5kg plates, 1 x bar and 2 x clamp collars.



**WEIGHT: 1.25/2.5/5KG PLATES**  
**MATERIALS: URETHANE COATED RECYCLED STEEL.**  
**PART CODE: ECOSET.**

For rack information see page 16 and 17.



# RACKS.

- Low carbon steel tube, forged and welded.
- Plastic end caps and rubber feet included.
- Bolt together for easy self-assembly.



**DUMBBELL RACK AND CUPS.**  
**HOLDS: 10 OR 12 PAIRS OF 2.5-25KG DUMBBELLS.**  
**SIZE: H900MM, D570MM, W2400MM**  
**WEIGHT: 69KG.**  
**10 PAIR PART CODE: PADBR10.**  
**12 PAIR PART CODE: PADBR12.**



**TOAST RACK.**  
**HOLDS: PROACTIVE BUMPER PLATES 2X 5KG, 10KG, 15KG, 20KG & 25KG.**  
**SIZE: H266MM, D1435MM, W340MM**  
**WEIGHT: 16KG.**  
**10 PAIR PART CODE: PATR001.**



**KETTLEBELL RACK.**  
**HOLDS: 10 KETTLEBELLS.**  
**SIZE: H850MM, D520MM, W1200MM**  
**WEIGHT: 36KG.**  
**PART CODE: PAKBR10.**



**5 BALL RACK.**  
**HOLDS: 5 MEDICINE BALLS OR 5 DOUBLE GRIP MEDICINE BALLS.**  
**SIZE: H1570MM, D620MM, W700MM.**  
**WEIGHT: 18.5KG.**  
**PART CODE: PAMB05.**



**10 BALL RACK.**  
**HOLDS: 10 MEDICINE BALLS OR 10 DOUBLE GRIP MEDICINE BALLS.**  
**SIZE: H1570MM, D640MM, W740MM.**  
**WEIGHT: 31KG.**  
**PART CODE: PAMBR10.**



**HANDWEIGHT RACK, 7 OR 11 CHANNELS.**  
**HOLDS: EACH CHANNEL CAN HOLD 28 X 1KG, 24 X 2KG, 20 X 3KG, 16 X 4KG OR 16 X 5KG HANDWEIGHTS.**  
**SIZE-7: H1100MM, D680MM, W740MM. SIZE-11: H1210MM, D550MM, W1000MM.**  
**WEIGHT: 25.5KG, 29KG.**  
**PART CODE: PAMHR01-7.**  
**PART CODE: PAMHR02-11.**



**ECO REP SET RACK.**  
**HOLDS: UP TO 10 SETS: 60 DISCS, 10 BARS AND 20 CLAMP COLLARS.**  
**SIZE: H1570MM, D660MM, W750MM.**  
**WEIGHT: 33KG.**  
**PART CODE: PARS01.**

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